

COVENANT HEALTHCARE DIABETES SELF-MANAGEMENT 2026 Continuing Education Series

ADULT OUTPATIENT PROGRAM

TUESDAY, MARCH 10, 2026

Diabetes and your Heart Health

TUESDAY, SEPTEMBER 8, 2026

Be a DiaBINGO Master
Diabetes refresher.

TUESDAY, MAY 12, 2026

Balancing your Plate with Protein

TUESDAY, NOVEMBER 10, 2026

Diabetes Preventative Maintenance
Taking care of me.

FREE TO THE PUBLIC

All sessions are held:

- 5:30 - 6:30 pm
- Covenant HealthCare
800 Cooper, Suite 6
Saginaw, MI 48602

Call Covenant HealthCare Diabetes
Self-Management at **989.583.5193**:

- For questions.
- For more information on how to schedule
an individual, class or virtual visit.



Extraordinary care for every generation.

